

NAME: _____

Senior Brag Sheet

The Senior Brag Sheet allows you to share information about yourself and your plans for life after high school to ensure that your school counselor can write an accurate, informative, and insightful recommendation letter. If you intend to apply for college and/or scholarships that require a recommendation letter, you need to complete the Senior Brag Sheet

Your school counselor will not write a college recommendation letter for you if this is not completed.

Ok, so what do I need to do?

Here are the components of the Senior Brag Sheet

- Autobiography
 - Talk about yourself. Have fun. Be thoughtful
- Activity Sheet
 - List your high school activities from ninth grade to now.

NAME: _____

Senior Brag Sheet

Complete the autobiography from and return it to Ms. Brown. The college recommendation letter written by me is a compilation of information obtained from your this autobiography and resume. Using this information and personal knowledge of you, I can write a more accurate, informative, and insightful recommendation if you complete this autobiography **thoughtfully**. Also, you may well find similar questions on a college application or during an admission interview. Therefore, make a copy for yourself. **You may type this information and submit it as a hard copy. This form was created in MS Word. You are encouraged to save it on your computer and back it up.** Have fun with this activity. You know yourself best of all!

Cell Phone number:

Email Address:

Parent email address:

Are you a U.S. Citizen?

Were you born in the U.S.?

If you were not born in the U.S., where were you born and how long have you been in the country?

If you are not a U.S. citizen, do you have a visa or a green card?

If you are not a U.S. Citizen, are you an undocumented student?

Are you a first-generation student? (first in your family to go to college – siblings do not count)

Describe yourself:

1. What are your goals, aspirations, and dreams in each of the following areas?

Academic:

Career:

Personal:

2. What three adjectives best describe you? Give at least one example of each.

NAME: _____

Adjective #1:

Adjective #2:

Adjective #3:

3. Describe yourself as a student. Include information on any great improvements you have made or any personal information that may have negatively affected you for any period of time.
4. Describe yourself as a member of a greater community (include volunteerism and community service and your CAS project).
5. What makes you stand out?
6. Describe your greatest memory.
7. What challenges or obstacles (personal or otherwise) have you had to overcome, and how did you do it?
8. What are you passionate about? Explain.
9. Give me your favorite quote or a quote that describes you now or who you would like to be. Explain how the quote relates to you personally.
10. What should be included in a letter of recommendation to a college about you?
11. Describe leadership positions you have held and characteristics that make you a strong leader. Please cite specific examples to back up your claim:
12. Is there anything else you would like me to know about you?

NAME: _____

1. Your academic record: How would you describe your academic record? Are your grades above, below, or consistent with your ability? Why?

2. Your finest academic moment: Describe that achievement or experience.

Beyond Academics

Athletics (sports/level [JV, varsity, etc.] any awards & position)	9	10	11	12

Extracurricular Activities (clubs, organizations & position). Please include the name of any organization in which you participated, length of time/dates you were an active member, any leadership positions you held, and the mission of that organization.	9	10	11	12

Employment and Summer Activities Give details – it is meaningful to college admissions when a student has assumed the responsibility of a part-time job. If you have (paid) work experience, indicate where, when for how long, and responsibilities. Please be specific.	9	10	11	12

NAME: _____

Church/Community Service/CAS

One-time activities are generally not impressive. Ongoing activity shows commitment and tenacity. How have you made a difference? Have you touched other lives? How has your experience impacted you? Please include the names of organizations where you volunteered, length of time/dates you were involved, what your duties were, and the mission of that organization.

	9	10	11	12

Honor societies (and positions held)

	9	10	11	12